

WHAT WILL I NEED FOR SOUTHWOODS CAMP?

LABELING INSIDE FRONT COVER

All clothing and equipment must be labeled with the camper's full name.

- ___ 100-200 Sew-on or Iron-on Name Tapes
- ___ 1-3 sheets Equipment Stickers

REQUIRED CAMP UNIFORM PAGES 2-5

- ___ 2 Natural T-Shirts with Logo (Traditional Only)
- ___ 2 Navy T-Shirts with Logo (Traditional Only)
- ___ 2 Green T-Shirts with Logo (Traditional Only)
- ___ 1 White Polo with Logo
- ___ 2 Green Shorts with Logo
- ___ 1 Green Sweatshirt with Logo
- ___ 1 Green Sweatpant with Logo

ADDITIONAL CLOTHING ITEMS

- ___ 6 T-Shirts - Polos
- ___ 3 Sleeveless Tanks / Shirts
- ___ 7 Shorts
- ___ 2 Jeans or Khakis
- ___ 2 Sweatshirts (Any Style)
- ___ 2 Sweatpants (Any Style)
- ___ 1 Belt
- ___ 1 Baseball Cap or Visor (Required)

OUTERWEAR PAGE 6

- ___ 1 Lightweight Jacket / Pullover Vest
- ___ 1 Heavyweight Jacket
- ___ 1 Rain Jacket or Poncho (Required)

SOCKS & SHOES PAGE 7

- ___ 18 Pairs of Socks
- ___ 2 Pairs of Sneakers (Required)
- ___ 1 Pair of Field Cleats
- ___ 1 Pair of Shower Shoes
- ___ 1 Pair of Tevas
- ___ 1 Waterproof Shoes or Boots
- ___ 1 End of Bed Shoe Bag (Optional)

UNDERWEAR & SWIMWEAR PAGE 8

- ___ 15 Pairs of Underwear
- ___ 2 Undershirts (Athletic Tank)
- ___ 3 Swimsuits (Girls 1-piece only - No Ties/Strings)
- ___ UV Protection Swim Shirt
- ___ Swim Cap
- ___ Waterski Wet Suit
- ___ Nose Clip/Ear Plugs

BATH & LAUNDRY PAGE 9

- ___ 1 Hooded Terry Bathrobe (Required)
No Terry Camp Wraps
- ___ 1 Shower Organizer and Filler Kit
- ___ 6 Bath / Beach Towels (Required)
- ___ 1 Laundry Bag with Name (Required)

BUNKWEAR PAGES 10-11

- ___ 2 Sets of Warm Sleepwear
- ___ 2 Sets of Lightweight Sleepwear

BEDDING PAGE 12

- ___ 2 Blankets
- ___ 1 Cot-Size Sheets Sets (Required)
- ___ 1 Pillow (Required)
- ___ 1 Mattress Pad

CAMPING & OUTDOORS PAGE 6

- ___ 1 Sleeping Bag with Stuff Sack (Required)
- ___ 1 Deet Free Insect Repellent
- ___ 1 Crazy Creek Chair

BAGS PAGE 13

- ___ 2 Soft Trunks with Name
- ___ 1 Daypack / Backpack (Required)
- ___ 1 Set of Luggage Tags
- ___ 1 Stick Bag (If your child brings their hockey, lacrosse, etc. stick)

EQUIPMENT PAGE 14

Southwoods provides athletic equipment necessary for campers to participate in activities, unless noted "Required". Personal items must be clearly marked with campers name.

- ___ 1 Pair of Shin Guards
- ___ 1 Pair of Soccer Socks
- ___ 1 Mouthguard
- ___ 1 Tennis Racquet with Cover
- ___ 1 Baseball Glove
- ___ 1 Athletic Supporter with Cup
- ___ 1 Riding Helmet ASTM/SEI Approved (Required if Riding)
- ___ 1 Riding Boots or Heeled Shoes (Required if Riding)
- ___ 1 Riding Jodphurs, Tights, or Jeans

EQUIPMENT (CONT'D) PAGE 14

GYMNASTICS/DANCE

- ___ 1 Leotard
- ___ 1 Pair of Wrist Bands
- ___ 1 Gymnastic Shoes
- ___ 1 Optional: Jazz Pants & Shoes, Yoga Pants, Wrap Skirt, Ballet Slippers, Tights, & Dance Bag

LACROSSE

- ___ 1 Helmet w/Face Shield
- ___ 1 Lacrosse Gloves (Required)
- ___ 1 Lacrosse Stick
- ___ 1 Mesh Sport Bag with Name (For Equipment)

ROLLER HOCKEY

- ___ 1 Pair of Roller Blades (Required to Participate)
- ___ 1 Knee/Shin Guards (Required to Participate)
- ___ 1 Elbow Pads (Required to Participate)
- ___ 1 Hockey Gloves (Required to Participate)
- ___ 1 Helmet with Face Shield
- ___ 1 Wrist Guards
- ___ 1 Mesh Sport Bag with Name (For Equipment)

ESSENTIALS & FUN STUFF PAGES 15-17

- ___ 1 Flashlight with Extra Batteries (Required)
- ___ 1 Water Bottle
- ___ 1 Battery Operated Fan (Optional)
- ___ 4 Sets Stationery and Stamps
- ___ 2 One Time Use or Inexpensive Camera(s)
- ___ Books and Non-Electronic Games

SUGGESTED PERSONAL ITEMS

- ___ Toothbrushes and Toothpaste
- ___ Hair Brush
- ___ Soap
- ___ Shampoo
- ___ Sun Screen, Lip Balm
- ___ 1 Extra Eyeglasses
- ___ 1 Extra Shoelaces